



IMPACT . INFLUENCE . INSPIRE .

1:1 COACHING OVERVIEWS



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PUBLIC SPEAKER

Professional Communication Skills Taught By Industry Masters

PUBLIC SPEAKER COACHING

Every public speaking engagement that your team leads is an opportunity to amplify ideas, represent your company, and stand out in your market. Every high-level strategy session, keynote, and boardroom presentation is an opportunity to make monumental leaps as a thought leader that **captures hearts and minds, drives growth and creates impact.**

Our public speaking coaching will refine speaking skills, teach new ways of engaging audiences, highlight more effective methods to express ideas and collaborate—it's designed for individuals who want to influence at the highest level. We partner with you to develop a customized learning journey with your chosen topics and provide personal 1:1 coaching to deepen the learning.



KEY TAKEAWAYS

1. Learn to convey vocal executive presence with proven vocal techniques like enunciation, emphasis and tone
2. Utilize the full range and power of your voice with voice support and diaphragmatic breathing techniques
3. Convey executive presence with powerful nonverbal communication techniques power posing, eye contact and moving with conviction
4. Understand rehearsal strategies and processes in order to practice like the pros
5. Transform nervousness and speaking anxiety into confidence and focus by utilizing breathing techniques, mindset tools and speaker warm-ups