

CONFIDENT PUBLIC SPEAKING

The 7 Steps To Ditch Your Fear And Take The Stage

Workbook Edition



moxie
INSTITUTE

BRAIN SCIENCE

NOTES:

BELIEVE IT

NOTES:

BREATHE

NOTES:

BODY & VOICE WORK

NOTES:

BE PREPARED

NOTES:

BABY STEPS

NOTES:

BE BRAVE ENOUGH TO BOMB

NOTES:

WE WOULD LOVE YOUR FEEDBACK!

Scan the QR code below to take our super short, super fun
(okay, maybe not super fun) survey. We promise it's under a minute!



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