

# Icebreaker Ideas

A good icebreaker lightens the mood, gets people thinking, and helps them feel connected to each other. These are some of our favorites.

## "OMG This One Time..."

Assign numbers to a list of story topics and everyone selects a random number. The one they choose is the story they tell. To help set the tone, every story has to start with "OMG, this one time..."



Story Suggestions:

1. Your most embarrassing moment as a kid
2. The best thing that happened to you on vacation
3. The dumbest injury you ever got
4. The biggest mistake you secretly got away with
5. Your worst job ever
6. The weirdest conversation you ever had

## Two Truths And A Lie

The rules are simple. one person tells two truths and one lie about themselves and everyone else has to try to guess the lie.



Tips:

- Make a live poll so people can vote for their choice rather than talking all at once
- Trick people by hiding a ridiculous truth between a normal truth and lie. e.g. "I hate salad. I high-fived the king of Norway. I used to teach dance."

## 10-Word Life Story

Task everyone to write out a sentence of 10 words or less that sums up their life story.

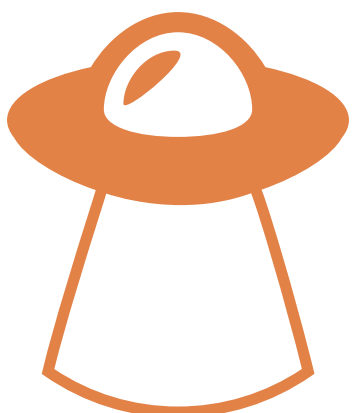


Some Examples:

- Wanted to travel. Saw the world. Found home.
- I liked laughing. So now I make others laugh.
- I learned to speak and then I learned to lead.
- Made enough mistakes to become a master.
- Social child. Single mother. Successful woman in sales.

## Strange Scenarios

Provide a thought-provoking scenario and the group votes for a leader who then has to present their plan of action on the spot.



Scenario Ideas (Try writing your own!)

- You lead a group of hikers lost in the woods. Night has fallen and you can hear wolves howling in the distance. You only have water and snacks with no survival gear. What do you do?
- It's the year 3045. Humans have been at war with 7ft radioactive squirrels for 247 years. Your scouts discovered a forest of trees that the squirrels cannot climb on other side of the squirrel's nest. How do you get your people there with minimal casualties?
- Aliens have landed on Earth! They will only talk to you and have two demands: All humans must bow before them and they require humanities entire supply of toothpicks. Failure to comply will lead to the imminent destruction of Earth. Many people refuse to bow and want to fight. How do you convince the world to meet their demands?